



Wellesley Education Foundation

Inspiring the Love of Learning

Grant Application

INSTRUCTIONS: Educators may use this form to apply for a grant within the Wellesley Public School System. Please complete all required fields. If you are not able to complete your application in one sitting, you may save the application and return to it later, by clicking on the 'Save' button on the bottom right-hand corner of the application. Upon clicking 'Save', you will be provided with a link that will allow you to resume the application process at a later time.

Date

1/1/2019

Name

Kathleen Brophy

Email

brophyk@wellesleyps.org

Staff Title

Fitness and Health Educator

Proposal Title

Drums Alive

Requested Funding Amount

\$3,000.40

Grade Level

9
10
11
12

School(s) for which your grant proposal applies:

Please select one of the following:

WHS

Does your proposal support one of the strategic initiatives outlined in the WPS 2013-2019 Strategic Plan, your school's School Improvement Plan, and/or the WPS Technology Plan?

WPS Strategic Plan

Please select a component of the WPS Strategic Plan

Focus on every child, in every classroom, every day

Are there co-applicants to this proposal?

Yes

Co-Applicants

Co-Applicant 1

Name

Megan Martin

Email

martinml@wellesleyps.org

Staff Title

Fitness and Health Educator/Adapted PE Teacher

Curriculum Area

Health & Fitness
Special Education

Is this a pilot?

No

**Does your proposal involve
Information Technology?**

No

Authorized Administrators to Review & Approve Your Application

With the exception of district-wide proposals, authorization from your Principal and Department Head / Curriculum Coordinator is required in order for your proposal to be considered for funding. Please use the section below to add the name of your Principal and the names of any other Administrators that will need to review your proposal based on the following criteria:

- If your proposal applies to a single elementary school, **no additional** administrators are required
- If your proposal applies to multiple elementary schools, please add the appropriate Pre-K - Grade 5 Curriculum Coordinator(s)
- If your proposal applies to WHS or WMS, please add your respective Department Head (when applicable)
- If your proposal applies to all schools, please add the appropriate Central Administration personnel (e.g., Director of Curriculum)
- If your proposal involves information technology, it must be approved by the Director of Technology*

****NOTE: The Director of Technology will automatically be added as the first Administrator for all proposals that involve information technology.***

Principal Name

Administrators / Department Heads / Curriculum Coordinators

Administrator 1

Administrator Name**Title**

Director of Technology

Project Description**Please provide a concise description of your project outlining the need(s) and goal(s) it will fulfill.**

As Fitness and Health Educators we would like to incorporate Drums Alive into our curriculum, specifically into our required freshman classes, Mindful yoga classes, Power-up classes and our Adapted Physical Education classes.

Drums Alive is a research-based multi-disciplinary drumming fitness approach to brain and body health and wellness. It is the only comprehensive, all-inclusive program in the world that applies drumming fitness protocols in a multi-disciplinary way through physical education, fitness, dance, music education, mindfulness, relaxation and inclusion strategies for the improvement of brain and body health, social-emotional learning and wellness. The implementation of Drums Alive uses multiple programs and modules that involve music, movement, rhythm and drumming to improve physiological, psychological, neurological, educational, rhythmical and socio-emotional ability.

Enhancing our curriculum with Drums Alive will help to serve the social and emotional needs of our students as prioritized with our district goals. Our project also reflects our Vision Statement: WPS aspires to be a world-class school system that develops the heads, hearts, and hands of its students and inspires them to be the critical thinkers, problem-solvers, artists and innovators who make contributions to their communities, our nation, and the world by focusing on “group drumming which opens the doors of communication and allows students to speak where words often do not pass. Music, rhythm, and dance enhance self-esteem, ensure a healthy workout, stimulate our minds, boost our creative potential, make us laugh, and connect us on many levels” (Remo, 2003).

Attach supplemental document

DGSP_2012_Wright_en.pdf

Drums Alive-Summary-en (1).pdf

Texas State Drumtastic Article 1.pdf

How will your project advance innovation and excellence in the Wellesley Public Schools?

The Drums Alive program is about teaching the “whole individual” concept and adding the elements of rhythm, movement, cognitive education, socialization and teamwork, and right and left-brain activation. Integration of the cognitive and physical processes will create a balance for the body, mind and spirit. When teaching our students, we will create an enriched environment and allow time for creative expression.

Approximately how many students will benefit from this project, if funded?

Every freshman entering Wellesley High school, all Mindful Yoga, Power-Up and Adapted Physical Education classes which would be approximately over 600 students per academic year.

Please provide a timeline for the project identifying important activities and milestones.

Spring/Summer 2019 – Receive equipment and training for staff.

Fall 2019- Institute Drums Alive into our curriculum.

How do you plan to evaluate the project?

The effectiveness of this project will be evaluated looking at the number of students who participate, the quality of their participation as evidenced through their emotional reactions and their demeanor while participating. Authentic assessments such as peer/self-evaluations, interviews, demonstrations and

teacher /student observations will be utilized.

Budget

Materials & Supplies (Consumables)

Item Description	Quantity	Estimated Cost
#263862 Drums Alive 2B Nova Stick	56	\$336.00
#540053 West Music WM27S Scarves;27in; hemmed; set of 12	60	\$141.00
#263852 Drums Alive 65CM Stability Ball	28	\$644.00
#263853 Drums Alive Bucket Base	28	\$420.00
#205386 Boomwhackers G16TEL-L-X2	28	\$134.40

Outside Services

Service Description	Hours	Estimated Cost
Teacher Training for 5 staff @\$265/person		\$1,325.00

Other Costs

Item Description	Quantity	Estimated Cost
------------------	----------	----------------

Shipping & Handling

Item Description	Quantity	Estimated Cost
Free shipping		\$0.00

Is the success of this project contingent upon other funding?
No

Itemized Budget Total
\$3,000.40

Please check the box below to indicate that your itemized budget matches your requested funding amount:

I have added all itemized expenditures that relate to the total funding amount I am requesting
Yes

If only partial funding were available for this grant, please identify your highest priorities and the associated budget:

NA

Application Terms & Conditions

In submitting this grant application to the Wellesley Education Foundation, I agree to the following terms and conditions:

- All materials/technology/etc. are to remain the property of Wellesley Public School System.
- An evaluation of this project as funded must be completed.
- Promotional assistance will be provided to WEF as requested in the form of photos, testimonials, interviews and materials.
- Results of funded project will be shared with WEF and WPS colleagues as requested.
- Approval must be sought for any changes in the focus or implementation of the project.

I agree to the stated terms & conditions

Yes